

**URHP Gathering  
Friday 6 – Sunday 8 July 2018  
Purley Chase, Warwickshire**

**CONFERENCE PROGRAMME**

**Friday 6 July:**

17:00 – 18:00	Registration	
19:00	Dinner	
20:00	<b>The relationship between hormones and osteoporosis</b> Judy Evans (Olive Room)	<b>Lyme Disease Update from last year's talk</b> Dame Annette Montague-Thomas

**Saturday 7 July:**

08:30	Breakfast	
10:00 – 10:45	<b>Fragrant Pharmacy.</b> Joe Nasr from Avicenna (Chapel Room)	
10:45 – 11:00	Tea break	
11:00	<b>Fragrant Pharmacy</b> continued	
12:00	<b>Botanical Support for Lyme Disease and Co-infections with Rio Health</b> Rose Holmes (Chapel Room)	<b>Plant Spirit Medicine</b> Laura Yarham and Lloyd Gee (Olive Room)
13:00	Lunch	



14:00	<b>Herbal Walk</b> Barbara Wilkinson	<b>Attars</b> John Smith (Olive Room)
15:00 - 15:15	Tea Break	
15:15 - 16.15	<b>Herbal Apothecary</b> Hugo Fearnley (Chapel Room)	<b>My Healing Journey</b> Caroline Daniel (Olive Room)
16:15 -16.30	Comfort Break	
16:30 - 17:30	<b>Red Flags</b> Dr Edward Thompson (Chapel Room)	<b>Back to Nature</b> Karen Williams (Olive Room)
18:00	Dinner	
19:00 – 21:00	Social drinks at the bar	

**Sunday 8 July:**

08:30	Breakfast
09:30	<b>Practical Demonstrations with Aromatic Herbs</b> Joe Nasr (Chapel Room)
10:15	Tea break
10:25 -11:00	<b>Practical Demonstrations</b> continued
11:00 - 13:00	<b>AGM</b>
13:00 – 14:00	Lunch

At this year's conference there is to be an Open Space throughout the event. This is simply an alternative programme that anyone at the conference can create at any time.

The way that this works is that if anyone wants to facilitate a discussion or group activity they can announce this on the Open Space notice board saying what, where and when. This can be as an additional option to the scheduled seminars, during meal breaks or in the evening. More will be explained at the conference.

