



# URHP & AMH SUMMER GATHERING

**Friday 7th – Sunday 9th July 2023**

**The Purley Chase Centre, Atherstone, CV9 2RQ**

**“Celebrating our Unity and Powerful Future”**

## Conference Programme

### Friday 7<sup>th</sup> July

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|---------------|---|
| 15.00 - 16.00 | Registration  |
| 16.00 - 16.45 | URHP: <i>Members Informal Chat (optional)</i>               |
| 16.00 - 16.45 | AMH: <i>AGM</i>   |
| 16.50 - 17.00 | Welcome: <i>Opening Conference by URHP &amp; AMH Chairs</i> |
| 17.00 - 17.45 | Rumana Zahn: <i>Meditation &amp; Gregorian Chant</i>        |
| 18.00 - 19.30 | Dinner  |
| 19.30 - 21.00 | Jo Glover: <i>Outdoor Fire Ceremony</i>                     |

### Saturday 8<sup>th</sup> July

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|---------------|---|
| 08.00 - 09.00 | Breakfast   |
| 09.00 - 10.30 | Andrew Mason: <i>Introduction to Ayurvedic Alchemy</i>            |
| 10.30 - 10.45 | Tea Break   |
| 10.45 - 12.15 | Andrew Mason: <i>Introduction to Ayurvedic Alchemy - Part Two</i> |

10.45 - 12.15	Research: <i>How to do your own research</i> (TBD)
12.30 - 13.30	Lunch
13.30 - 15.00	Dr Phil Deakin: <i>Yellow Flags – waving or drowning?</i>
15.00 - 15.15	Tea Break
15.15 - 16.45	People's Health Alliance: <i>Forum</i>
16.45 - 17.00	Tea Break
17.00 - 18.30	Renee Koenders: <i>Hildegard of Bingen – The Herbalist &amp; Healer</i>
18.30 - 19.30	Dinner
19.30 - 21.30	Social drinks at the bar/Entertainment activity

### **Sunday 9<sup>TH</sup> July**

08.00 - 09.00	Breakfast
09.00 - 10.30	Dr Edward Thompson: <i>The Heart of the Matter</i>
10.30 - 10.45	Tea Break
10.45 - 12.15	Barbara Wilkinson : <i>Herbal Walk – The Ark - Acts of Restorative Kindness</i>
12.30 - 13.30	Lunch
14:00	Farewells

### **Open Space**

At this year's Conference there will be an *Open Space* throughout the event. This is simply an alternative programme that anyone at the Conference can create at any time.

The way this works is that if anyone wants to facilitate a discussion or group activity, they can announce this on the *Open Space Notice Board* saying what, where and when. This can be as an additional option to the scheduled Seminars, during meal breaks or in the evening. More will be explained at the Conference.

**PLEASE NOTE THAT SPEAKERS MAY BE SUBJECT TO CHANGE AT SHORT NOTICE**